

Welsh Capital Masters - 13/05/2006**Results****Event 1 Men 18-24 200 SC Meter IM**

| Name | Age | Team | Seed Time | Finals Time | Points |
|-------------------------|-----|--------------------|-----------|-------------|--------|
| 1 Keen, Chris | 19 | Carmarthen Masters | 2:19.52 | 2:25.82 | |
| 30.40 37.82 42.65 34.95 | | | | | |

Event 1 Men 25-29 200 SC Meter IM

| | | | | | |
|-------------------------|----|-----------------|---------|---------|--|
| 1 Peden, Trent | 29 | Cardiff Masters | 2:30.00 | 2:22.07 | |
| 29.64 35.66 43.26 33.51 | | | | | |
| 2 Burggraaf, Ben | 27 | Hpc Heemstede | 2:20.85 | 2:24.74 | |
| 31.11 37.02 40.23 36.38 | | | | | |

Event 1 Men 50-54 200 SC Meter IM

| | | | | | |
|-------------------------|----|-----------------|---------|---------|--|
| 1 Wilson, William | 51 | Cardiff Masters | 3:30.00 | 3:25.80 | |
| 42.69 55.92 59.97 47.22 | | | | | |

Event 1 Men 55-59 200 SC Meter IM

| | | | | | |
|---------------|----|---------------------------|---------|---------|--|
| 1 Grant, Alan | 59 | Miami Masters - Australia | 3:45.00 | 3:29.53 | |
| 57.43 45.96 | | | | | |

Event 1 Men 65-69 200 SC Meter IM

| | | | | | |
|--------------------|----|-----------------|---------|---------|--|
| 1 Thomas, Garfield | 66 | Bridgend County | 3:16.50 | 3:13.79 | |
| 24.28 46.45 | | | | | |

Event 2 Women 25-29 200 SC Meter IM

| | | | | | |
|---------------------------|----|-----------------|---------|---------|--|
| 1 Walker, Anna | 25 | Cardiff Masters | 2:40.00 | 2:41.30 | |
| 34.53 41.62 45.56 39.59 | | | | | |
| 2 Williams, Kate | 27 | Cardiff Masters | 3:10.00 | 3:10.28 | |
| 28.07 29.94 32.73 1:39.54 | | | | | |

Event 2 Women 40-44 200 SC Meter IM

| | | | | | |
|-------------------------|----|-----------------|---------|---------|--|
| 1 Thomas, Ceri | 41 | Bridgend County | 3:04.00 | 3:01.71 | |
| 39.82 47.65 53.30 40.94 | | | | | |

Event 2 Women 45-49 200 SC Meter IM

| | | | | | |
|---------------------------------|----|--------------------|---------|---------|--|
| 1 Keen, Delia | 45 | Carmarthen Masters | 3:57.93 | 4:06.74 | |
| 1:00.52 1:07.49 1:06.04 52.69 | | | | | |
| --- Lloyd, Christine | 48 | Carlisle Masters | 4:55.00 | DQ | |
| 1:12.58 1:11.37 1:06.32 1:04.37 | | | | | |

Event 2 Women 50-54 200 SC Meter IM

| | | | | | |
|-----------------------------------|----|--------|---------|---------|--|
| 1 Varley, Alison | 54 | Monnow | 4:15.30 | 4:05.45 | |
| 57.74 1:02.73 1:10.84 54.24 16.80 | | | | | |

Event 2 Women 55-59 200 SC Meter IM

| | | | | | |
|-------------------------|----|-------|---------|---------|--|
| 1 Crayford, Julie | 58 | Clams | 3:20.00 | 3:19.85 | |
| 42.18 53.37 57.90 46.40 | | | | | |

Event 2 Women 60-64 200 SC Meter IM

| | | | | | |
|---------------------------------|----|----------|---------|---------|--|
| 1 Weare, Margaret | 62 | Caldicot | 4:31.95 | 4:41.84 | |
| 1:03.09 1:08.84 1:23.53 1:06.38 | | | | | |

Event 3 Men 18-24 50 SC Meter Backstroke

| | | | | | |
|--------------------|----|-----------------|-------|-------|--|
| 1 Newcombe, Oliver | 24 | Clams | 30.61 | 29.60 | |
| 2 Carr, Daniel | 23 | Cardiff Masters | NT | 50.12 | |

Event 3 Men 25-29 50 SC Meter Backstroke

| | | | | | |
|----------------|----|-----------------|-------|-------|--|
| 1 Neal, Martin | 27 | Cardiff Masters | 50.00 | 47.39 | |
|----------------|----|-----------------|-------|-------|--|

Welsh Capital Masters - 13/05/2006**Results****Event 3 Men 35-39 50 SC Meter Backstroke**

| | | | | | |
|---|--------------|----|--------------|-------|-------|
| 1 | Oakley, Paul | 38 | Gwent Police | 36.00 | 36.87 |
|---|--------------|----|--------------|-------|-------|

Event 3 Men 40-44 50 SC Meter Backstroke

| | | | | | |
|---|--------------|----|------------|-------|-------|
| 1 | Waite, Keith | 44 | Unattached | 39.42 | 39.00 |
|---|--------------|----|------------|-------|-------|

Event 3 Men 45-49 50 SC Meter Backstroke

| | | | | | |
|---|-------------|----|-------|-------|-------|
| 1 | Gage, Steve | 47 | Clams | 39.89 | 39.42 |
|---|-------------|----|-------|-------|-------|

Event 3 Men 50-54 50 SC Meter Backstroke

| | | | | | |
|---|------------------|----|--------------|-------|-------|
| 1 | Norman, Philip | 50 | Gwent Police | 34.00 | 33.92 |
| 2 | Sveds, Vladimirs | 50 | Clams | 41.00 | 40.69 |
| 3 | Lewis, Barry | 52 | Wrexham | 42.00 | 43.67 |

Event 3 Men 55-59 50 SC Meter Backstroke

| | | | | | |
|---|---------------|----|------------------------|-------|-------|
| 1 | Hodgson, Eric | 59 | Wrexham | 34.50 | 33.74 |
| 2 | Davies, Ian | 57 | Newcastle Emlyn Flyers | 57.00 | 49.41 |

Event 4 Women 18-24 50 SC Meter Backstroke

| | | | | | |
|---|-------------------|----|-----------------|-------|-------|
| 1 | Griffiths, Joanne | 22 | Cardiff Masters | 48.00 | 48.99 |
|---|-------------------|----|-----------------|-------|-------|

Event 4 Women 25-29 50 SC Meter Backstroke

| | | | | | |
|---|----------------|----|-----------------|-------|-------|
| 1 | Davies, Sally | 29 | Cardiff Masters | 42.00 | 41.14 |
| 2 | Colins, Amanda | 27 | Clams | 49.00 | 49.61 |
| 3 | James, Ceinwen | 25 | Pontypool | 58.00 | 51.42 |

Event 4 Women 30-34 50 SC Meter Backstroke

| | | | | | |
|---|---------------|----|-----------------|-------|-------|
| 1 | Jenkins, Sian | 34 | Cardiff Masters | 40.00 | 39.54 |
|---|---------------|----|-----------------|-------|-------|

Event 4 Women 40-44 50 SC Meter Backstroke

| | | | | | |
|---|------------------|----|-----------------|-------|-------|
| 1 | Borley, Sarah | 44 | Gwent Police | 40.00 | 40.32 |
| 2 | Harrison, Elaine | 43 | Cardiff Masters | 46.00 | 47.30 |

Event 4 Women 45-49 50 SC Meter Backstroke

| | | | | | |
|---|------------------|----|------------------|---------|---------|
| 1 | Frost, Anne | 48 | Cardiff Masters | 1:10.00 | 58.27 |
| 2 | Lloyd, Christine | 48 | Carlisle Masters | 1:04.00 | 1:06.06 |

Event 4 Women 50-54 50 SC Meter Backstroke

| | | | | | |
|---|-----------------|----|-------|-------|-------|
| 1 | Griffiths, Anne | 54 | Clams | 47.00 | 45.07 |
|---|-----------------|----|-------|-------|-------|

Event 4 Women 55-59 50 SC Meter Backstroke

| | | | | | |
|---|-----------------|----|-------|-------|-------|
| 1 | Crayford, Julie | 58 | Clams | 47.00 | 44.53 |
|---|-----------------|----|-------|-------|-------|

Event 5 Men 18-24 100 SC Meter Freestyle

| | | | | | |
|---|-------------------|-------|-----------------|---------|---------|
| 1 | Rattenberry, Adam | 22 | Clams | 53.60 | 56.02 |
| | 26.68 | 29.34 | | | |
| 2 | Newcombe, Oliver | 24 | Clams | 59.50 | 58.86 |
| | 28.19 | 30.67 | | | |
| 3 | Carr, Daniel | 23 | Cardiff Masters | 1:29.00 | 1:27.48 |
| | 40.93 | 46.55 | | | |

Event 5 Men 25-29 100 SC Meter Freestyle

| | | | | | |
|---|------------------|-------|-----------------|---------|---------|
| 1 | Peden, Trent | 29 | Cardiff Masters | 1:00.00 | 57.88 |
| | 27.58 | 30.30 | | | |
| 2 | Maskell, Stephen | 26 | Cardiff Masters | 1:00.00 | 1:00.03 |
| | 29.64 | 30.39 | | | |
| 3 | Neal, Martin | 27 | Cardiff Masters | 1:25.00 | 1:19.47 |
| | 38.01 | 41.46 | | | |

Welsh Capital Masters - 13/05/2006**Results**

| | | | | | |
|---|-------------------|----|------------------------|---------|---------|
| --- | Lempriere, Phil | 29 | Cardiff Masters | 1:03.00 | DQ |
| | 28.12 32.16 | | | | |
| Event 5 Men 30-34 100 SC Meter Freestyle | | | | | |
| 1 | Drury, Alex | 33 | Gloucester Masters | 57.99 | 58.24 |
| | 28.04 30.20 | | | | |
| 2 | Jenkins, Huw | 30 | Clams | 1:05.00 | 1:02.54 |
| | 29.55 32.99 | | | | |
| 3 | Croall, Steve | 34 | Swim Swansea Masters | 1:00.00 | 1:02.78 |
| | 28.61 34.17 | | | | |
| 4 | Sweeting, Paul | 33 | Cardiff Masters | 1:19.43 | 1:18.77 |
| | 39.12 39.65 | | | | |
| Event 5 Men 40-44 100 SC Meter Freestyle | | | | | |
| 1 | Williams, Cristyn | 41 | Cardiff Masters | 1:35.00 | 1:31.76 |
| --- | Waite, Keith | 44 | Unattached | 1:09.31 | DQ |
| | 34.83 37.79 | | | | |
| Event 5 Men 45-49 100 SC Meter Freestyle | | | | | |
| 1 | Gage, Steve | 47 | Clams | 1:13.75 | 1:11.84 |
| | 17.02 54.82 | | | | |
| 2 | Morgan, Gareth | 48 | Cardiff Masters | 1:25.00 | 1:24.46 |
| | 40.69 43.77 | | | | |
| 3 | Jones, Paul | 47 | Clams | 1:30.00 | 1:34.20 |
| | | | | | |
| Event 5 Men 50-54 100 SC Meter Freestyle | | | | | |
| 1 | Cooper, David | 51 | Cardiff Masters | 1:05.00 | 1:08.27 |
| | 32.40 35.87 | | | | |
| 2 | Oliver, Keith | 52 | Shetland | 1:15.10 | 1:14.33 |
| | 35.42 38.91 | | | | |
| 3 | Lewis, Barry | 52 | Wrexham | 1:18.00 | 1:22.15 |
| | 38.81 43.34 | | | | |
| Event 5 Men 55-59 100 SC Meter Freestyle | | | | | |
| 1 | Grey, David | 55 | Unattached | 1:20.00 | 1:16.57 |
| | 36.03 40.54 | | | | |
| 2 | Davies, Ian | 57 | Newcastle Emlyn Flyers | 1:15.00 | 1:32.99 |
| | | | | | |
| Event 5 Men 60-64 100 SC Meter Freestyle | | | | | |
| 1 | McDermott, Terry | 63 | Wrexham | 1:20.00 | 1:31.64 |
| | 40.89 50.75 | | | | |
| Event 5 Men 70-74 100 SC Meter Freestyle | | | | | |
| 1 | Alexis, Errol | 70 | Clams | 1:45.00 | 1:30.01 |
| | | | | | |
| Event 5 Men 75-79 100 SC Meter Freestyle | | | | | |
| 1 | Lloyd, Edward | 75 | Wrexham | 1:27.00 | 1:28.36 |
| | 40.36 48.00 | | | | |
| Event 6 Women 25-29 100 SC Meter Freestyle | | | | | |
| 1 | Walker, Anna | 25 | Cardiff Masters | 1:05.00 | 1:05.44 |
| | 31.19 34.25 | | | | |
| 2 | Stokes, Anna | 25 | Cardiff Masters | 1:14.35 | 1:11.99 |
| | 34.68 37.31 | | | | |
| 3 | Colins, Amanda | 27 | Clams | 1:39.00 | 1:28.26 |
| | 40.95 47.31 | | | | |
| 4 | James, Ceinwen | 25 | Pontypool | 1:27.00 | 1:31.65 |
| | 44.00 47.65 | | | | |

Welsh Capital Masters - 13/05/2006**Results****Event 6 Women 30-34 100 SC Meter Freestyle**

| | | | | | |
|---|----------------|----|------------------------|---------|---------|
| 1 | Paull, Hannah | 33 | Gloucester Masters | 1:03.00 | 1:02.41 |
| | 29.73 32.68 | | | | |
| 2 | Hughes, Heidi | 30 | Newcastle Emlyn Flyers | 1:25.00 | 1:12.64 |
| | 41.15 31.49 | | | | |
| 3 | Scott, Jassa | 30 | Clams | 1:13.10 | 1:14.93 |
| | 34.86 40.07 | | | | |
| 4 | Fletcher, Jane | 32 | Cardiff Masters | 1:48.00 | 1:51.52 |
| | 52.64 58.88 | | | | |

Event 6 Women 35-39 100 SC Meter Freestyle

| | | | | | |
|---|-------------|----|----------------------|---------|---------|
| 1 | Lister, Sue | 35 | Swim Swansea Masters | 1:08.00 | 1:10.08 |
| | 33.60 36.48 | | | | |

Event 6 Women 40-44 100 SC Meter Freestyle

| | | | | | |
|---|------------------|----|-----------------|---------|---------|
| 1 | Thomas, Ceri | 41 | Bridgend County | 1:12.50 | 1:14.82 |
| | 35.73 39.09 | | | | |
| 2 | Harrison, Elaine | 43 | Cardiff Masters | 1:25.00 | 1:28.94 |
| | 34.38 54.56 | | | | |

Event 6 Women 45-49 100 SC Meter Freestyle

| | | | | | |
|---|------------------|----|--------------------|---------|---------|
| 1 | Lloyd, Christine | 48 | Carlisle Masters | 1:40.00 | 1:36.72 |
| | 47.03 49.69 | | | | |
| 2 | Keen, Delia | 45 | Carmarthen Masters | 1:40.00 | 1:39.31 |
| | 47.72 51.59 | | | | |
| 3 | Thomas, Elaine | 46 | Bridgend County | 1:48.00 | 1:43.13 |
| | 47.75 55.38 | | | | |

Event 6 Women 50-54 100 SC Meter Freestyle

| | | | | | |
|---|-----------------|----|-----------------|---------|---------|
| 1 | Stewart, Elsa | 52 | Cardiff Masters | 1:35.00 | 1:29.23 |
| | 42.00 47.23 | | | | |
| 2 | Griffiths, Anne | 54 | Clams | 1:40.00 | 1:32.69 |
| | 44.79 47.90 | | | | |

Event 6 Women 60-64 100 SC Meter Freestyle

| | | | | | |
|---|-----------------|----|----------|---------|---------|
| 1 | Palmer, Valerie | 64 | Caldicot | 2:02.00 | 2:03.35 |
| | 56.01 1:07.34 | | | | |

Event 7 Men 18-24 50 SC Meter Butterfly

| | | | | | |
|---|-------------------|----|-------|-------|-------|
| 1 | Rattenberry, Adam | 22 | Clams | 26.50 | 27.26 |
|---|-------------------|----|-------|-------|-------|

Event 7 Men 25-29 50 SC Meter Butterfly

| | | | | | |
|---|------------------|----|-----------------|-------|-------|
| 1 | Peden, Trent | 29 | Cardiff Masters | 29.00 | 28.86 |
| 2 | Maskell, Stephen | 26 | Cardiff Masters | 34.00 | 32.07 |
| 3 | Lempriere, Phil | 29 | Cardiff Masters | 34.60 | 34.81 |
| 4 | Neal, Martin | 27 | Cardiff Masters | 48.00 | 45.09 |

Event 7 Men 30-34 50 SC Meter Butterfly

| | | | | | |
|---|----------------|----|-----------------|-------|-------|
| 1 | Sweeting, Paul | 33 | Cardiff Masters | 50.00 | 51.83 |
|---|----------------|----|-----------------|-------|-------|

Event 7 Men 40-44 50 SC Meter Butterfly

| | | | | | |
|---|--------------|----|------------|-------|-------|
| 1 | Waite, Keith | 44 | Unattached | 36.86 | 37.73 |
|---|--------------|----|------------|-------|-------|

Event 7 Men 45-49 50 SC Meter Butterfly

| | | | | | |
|-----|----------------|----|-----------------|-------|-------|
| 1 | Syrett, Walter | 47 | Pontypool | 33.20 | 32.41 |
| 2 | Gage, Steve | 47 | Clams | 36.07 | 35.73 |
| --- | Morgan, Gareth | 48 | Cardiff Masters | 50.00 | DQ |

Event 7 Men 50-54 50 SC Meter Butterfly

Welsh Capital Masters - 13/05/2006**Results**

| | | | | | |
|--|-------------------|----|------------------------|---------|---------|
| 1 | Sveds, Vladimirs | 50 | Clams | 34.20 | 35.15 |
| 2 | Norman, Philip | 50 | Gwent Police | 33.00 | 35.25 |
| Event 7 Men 55-59 50 SC Meter Butterfly | | | | | |
| 1 | Godfrey, Peter | 59 | Clams | 31.00 | 31.78 |
| 2 | Hodgson, Eric | 59 | Wrexham | 34.00 | 34.33 |
| Event 7 Men 60-64 50 SC Meter Butterfly | | | | | |
| 1 | McDermott, Terry | 63 | Wrexham | 44.00 | 47.34 |
| Event 7 Men 65-69 50 SC Meter Butterfly | | | | | |
| 1 | Thomas, Garfield | 66 | Bridgend County | 36.00 | 36.70 |
| Event 8 Women 25-29 50 SC Meter Butterfly | | | | | |
| 1 | Williams, Kate | 27 | Cardiff Masters | 40.69 | 40.10 |
| 2 | Davies, Sally | 29 | Cardiff Masters | 40.00 | 41.79 |
| Event 8 Women 30-34 50 SC Meter Butterfly | | | | | |
| 1 | Paull, Hannah | 33 | Gloucester Masters | 31.50 | 33.51 |
| 2 | Jenkins, Sian | 34 | Cardiff Masters | 34.00 | 35.49 |
| 3 | Maguire, Louise | 32 | Newcastle Emlyn Flyers | 39.00 | 37.27 |
| Event 8 Women 35-39 50 SC Meter Butterfly | | | | | |
| 1 | Shearn, Catherine | 37 | Hampshire North | 38.33 | 38.31 |
| 2 | Cuer, Denise | 38 | Caldicot | 1:08.00 | 58.78 |
| Event 8 Women 40-44 50 SC Meter Butterfly | | | | | |
| 1 | Borley, Sarah | 44 | Gwent Police | 38.00 | 38.97 |
| 2 | Thomas, Ceri | 41 | Bridgend County | 39.00 | 39.39 |
| Event 8 Women 55-59 50 SC Meter Butterfly | | | | | |
| 1 | Crayford, Julie | 58 | Clams | 40.00 | 38.91 |
| Event 8 Women 60-64 50 SC Meter Butterfly | | | | | |
| 1 | Weare, Margaret | 62 | Caldicot | 58.30 | 1:04.04 |
| Event 9 Men 18-24 100 SC Meter Breaststroke | | | | | |
| 1 | Keen, Chris | 19 | Carmarthen Masters | 1:13.09 | 1:15.77 |
| | 35.46 40.31 | | | | |
| 2 | Carr, Daniel | 23 | Cardiff Masters | 1:47.00 | 1:44.69 |
| | 50.51 54.18 | | | | |
| Event 9 Men 25-29 100 SC Meter Breaststroke | | | | | |
| 1 | Burggraaf, Ben | 27 | Hpc Heemstede | 1:08.80 | 1:12.23 |
| | 33.48 38.75 | | | | |
| 2 | Lempriere, Phil | 29 | Cardiff Masters | 1:20.00 | 1:18.12 |
| | 36.66 41.46 | | | | |
| Event 9 Men 30-34 100 SC Meter Breaststroke | | | | | |
| 1 | Drury, Alex | 33 | Gloucester Masters | 1:14.26 | 1:15.29 |
| | 36.11 39.18 | | | | |
| 2 | Sweeting, Paul | 33 | Cardiff Masters | 1:46.62 | 1:50.95 |
| | 53.90 57.05 | | | | |
| Event 9 Men 35-39 100 SC Meter Breaststroke | | | | | |
| 1 | Oakley, Paul | 38 | Gwent Police | 1:25.00 | 1:22.78 |
| | 37.94 44.84 | | | | |
| (Event 9 Men 35-39 100 SC Meter Breaststroke) | | | | | |
| 2 | Edwards, Duncan | 38 | Caldicot | 1:37.65 | 1:37.80 |

Welsh Capital Masters - 13/05/2006**Results**

45.73 52.07

Event 9 Men 40-44 100 SC Meter Breaststroke

| | | | |
|---------------------|--------------------|---------|---------|
| 1 Williams, Cristyn | 41 Cardiff Masters | 2:00.00 | 1:51.31 |
| 1:03.08 | 48.23 | | |

Event 9 Men 45-49 100 SC Meter Breaststroke

| | | | |
|------------------|--------------|---------|---------|
| 1 Syrett, Walter | 47 Pontypool | 1:15.50 | 1:17.35 |
| 36.06 | 41.29 | | |
| 2 Jones, Paul | 47 Clams | 1:45.00 | 1:48.60 |
| 49.09 | 59.51 | | |

Event 9 Men 50-54 100 SC Meter Breaststroke

| | | | |
|--------------------|----------|---------|---------|
| 1 Sveds, Vladimirs | 50 Clams | 1:30.00 | 1:31.01 |
| 49.13 | 41.88 | | |

Event 9 Men 55-59 100 SC Meter Breaststroke

| | | | |
|---------------|------------------------------|---------|---------|
| 1 Grant, Alan | 59 Miami Masters - Australia | 1:45.00 | 1:40.29 |
| 49.91 | 50.38 | | |
| 2 Davies, Ian | 57 Newcastle Emlyn Flyers | 1:30.00 | 1:43.48 |
| 44.08 | 59.40 | | |

Event 9 Men 70-74 100 SC Meter Breaststroke

| | | | |
|------------------|--------------------|---------|---------|
| 1 Stagg, Les | 74 Clams | 1:52.00 | 1:53.21 |
| 51.96 | 1:01.25 | | |
| 2 Knowles, Colin | 72 Cardiff Masters | 2:00.00 | 2:10.48 |
| 51.34 | 1:19.14 | | |

Event 9 Men 75-79 100 SC Meter Breaststroke

| | | | |
|-----------------|------------|---------|---------|
| 1 Lloyd, Edward | 75 Wrexham | 1:56.00 | 1:57.08 |
| 55.30 | 1:01.78 | | |

Event 10 Women 18-24 100 SC Meter Breaststroke

| | | | |
|-------------------|------------|---------|---------|
| 1 Taylor, Kathryn | 24 Wrexham | 1:30.20 | 1:29.91 |
| 41.94 | 47.97 | | |

Event 10 Women 25-29 100 SC Meter Breaststroke

| | | | |
|-------------------|--------------------|---------|---------|
| 1 Walker, Anna | 25 Cardiff Masters | 1:20.00 | 1:20.48 |
| 38.19 | 42.29 | | |
| 2 Bailey, Rachel | 27 Clams | 1:23.00 | 1:22.84 |
| 38.45 | 44.39 | | |
| 3 Stokes, Anna | 25 Cardiff Masters | 1:30.94 | 1:29.94 |
| 43.01 | 46.93 | | |
| --- Davies, Sally | 29 Cardiff Masters | 1:30.00 | DQ |
| 43.93 | 47.07 | | |

Event 10 Women 30-34 100 SC Meter Breaststroke

| | | | |
|--------------------|--------------------|---------|----|
| --- Fletcher, Jane | 32 Cardiff Masters | 1:51.00 | DQ |
| 53.88 | 57.71 | | |

Event 10 Women 35-39 100 SC Meter Breaststroke

| | | | |
|----------------|-------------|---------|---------|
| 1 Cuer, Denise | 38 Caldicot | 1:54.00 | 1:56.22 |
| 56.16 | 1:00.06 | | |

Event 10 Women 45-49 100 SC Meter Breaststroke

| | | | |
|-------------------|---------------------------|---------|---------|
| 1 Trimble, Nicola | 47 Newcastle Emlyn Flyers | 1:42.07 | 1:41.33 |
| 47.67 | 53.66 | | |

Event 10 Women 50-54 100 SC Meter Breaststroke

Welsh Capital Masters - 13/05/2006**Results**

| | | | | | |
|---|---------------------------|----|-----------------|---------|---------|
| 1 | Stewart, Elsa | 52 | Cardiff Masters | 1:55.00 | 1:51.05 |
| | 52.76 58.29 | | | | |
| 2 | Varley, Alison | 54 | Monnow | 2:05.42 | 2:03.60 |
| | 58.02 1:05.58 | | | | |
| Event 10 Women 55-59 100 SC Meter Breaststroke | | | | | |
| 1 | Crayford, Julie | 58 | Clams | 1:45.00 | 1:40.16 |
| Event 10 Women 60-64 100 SC Meter Breaststroke | | | | | |
| 1 | Palmer, Valerie | 64 | Caldicot | 2:10.00 | 2:09.30 |
| | 1:03.00 1:06.30 | | | | |
| Event 11 Mixed 100-119 200 SC Meter Medley Relay | | | | | |
| 1 | Cardiff Masters | A | | 2:10.00 | 2:15.25 |
| | 34.39 38.16 34.62 28.08 | | | | |
| Event 11 Mixed 120-159 200 SC Meter Medley Relay | | | | | |
| 1 | Cardiff Masters | B | | 2:16.00 | 2:39.35 |
| | 49.40 43.13 28.01 38.81 | | | | |
| 2 | Cardiff Masters | C | | 2:17.00 | 2:44.60 |
| | 46.28 41.15 41.92 35.25 | | | | |
| 3 | Cardiff Masters | D | | 2:25.00 | 2:52.91 |
| | 51.01 47.38 41.96 32.56 | | | | |
| Event 11 Mixed 160-199 200 SC Meter Medley Relay | | | | | |
| 1 | Newcastle Emlyn Flyers | A | | 3:02.00 | 2:57.97 |
| | 52.76 46.47 37.00 41.74 | | | | |
| 2 | Cardiff Masters | E | | 2:30.00 | 3:12.67 |
| | 59.25 46.99 48.60 37.83 | | | | |
| Event 12 Men 72-99 200 SC Meter Medley Relay | | | | | |
| 1 | Clams | A | | 2:10.00 | 2:07.64 |
| | 39.38 33.21 27.02 28.03 | | | | |
| Event 12 Men 100-119 200 SC Meter Medley Relay | | | | | |
| 1 | Cardiff Masters | A | | 2:05.00 | 2:11.50 |
| | 30.52 35.50 30.07 35.41 | | | | |
| Event 12 Men 160-199 200 SC Meter Medley Relay | | | | | |
| 1 | Cardiff Masters | B | | 2:10.00 | 3:15.55 |
| | 52.98 50.01 54.17 38.39 | | | | |
| Event 12 Men 240-279 200 SC Meter Medley Relay | | | | | |
| 1 | Clams | A | | 2:30.00 | 2:39.63 |
| | 40.02 50.47 32.40 36.74 | | | | |
| Event 13 Women 120-159 200 SC Meter Medley Relay | | | | | |
| 1 | Cardiff Masters | A | | 2:25.00 | 2:28.23 |
| | 40.92 38.09 34.48 34.74 | | | | |
| 2 | Clams | A | | 3:35.00 | 2:43.15 |
| | 48.76 39.02 39.46 35.91 | | | | |
| 3 | Newcastle Emlyn Flyers | A | | NT | 3:00.37 |
| | 42.02 46.34 1:00.16 31.85 | | | | |
| (Event 13 Women 120-159 200 SC Meter Medley Relay) | | | | | |
| 4 | Cardiff Masters | C | | 2:30.00 | 3:02.39 |
| | 52.20 45.85 39.09 45.25 | | | | |
| 5 | Cardiff Masters | B | | 2:30.00 | 3:06.11 |
| | 50.57 51.91 48.27 35.36 | | | | |

Welsh Capital Masters - 13/05/2006**Results****Event 14 Men 18-24 200 SC Meter Freestyle**

| | | | | | |
|---|-------------------------|----|-------|---------|---------|
| 1 | Rattenberry, Adam | 22 | Clams | 2:00.86 | 2:11.47 |
| | 30.37 32.93 34.18 33.99 | | | | |
| 2 | Newcombe, Oliver | 24 | Clams | 2:05.00 | 2:18.25 |
| | 31.67 33.82 35.66 37.10 | | | | |

Event 14 Men 25-29 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|--------------------|---------|---------|
| 1 | Lempriere, Phil | 29 | Cardiff Masters | 2:25.00 | 2:19.85 |
| | 31.48 35.54 37.26 35.57 | | | | |
| 2 | Klempt, Otakar | 28 | Cheltenham Masters | 2:30.00 | 2:21.14 |
| | 29.98 35.03 37.78 38.35 | | | | |
| 3 | Neal, Martin | 27 | Cardiff Masters | 3:05.00 | 2:53.98 |
| | 39.54 43.86 45.75 44.83 | | | | |

Event 14 Men 30-34 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|-------|---------|---------|
| 1 | Jenkins, Huw | 30 | Clams | 2:25.00 | 2:18.83 |
| | 31.63 35.53 36.98 34.69 | | | | |

Event 14 Men 40-44 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|------------|---------|---------|
| 1 | Waite, Keith | 44 | Unattached | 2:45.10 | 2:45.35 |
| | 38.69 41.17 43.30 42.19 | | | | |

Event 14 Men 45-49 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|-----------|---------|---------|
| 1 | Syrett, Walter | 47 | Pontypool | 2:48.00 | 2:47.38 |
| | 38.82 44.07 42.94 41.55 | | | | |
| 2 | Jones, Paul | 47 | Clams | 3:40.00 | 3:29.81 |
| | 46.23 55.52 56.34 51.72 | | | | |

Event 14 Men 50-54 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|-----------------|---------|---------|
| 1 | Cooper, David | 51 | Cardiff Masters | 2:25.00 | 2:44.20 |
| | 35.90 39.27 44.25 44.78 | | | | |
| 2 | Oliver, Keith | 52 | Shetland | 2:42.00 | 2:44.71 |
| | 38.11 41.97 43.64 40.99 | | | | |

Event 14 Men 55-59 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|------------|---------|---------|
| 1 | Grey, David | 55 | Unattached | 3:00.00 | 2:44.38 |
| | 37.68 41.01 43.09 42.60 | | | | |

Event 14 Men 70-74 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|-------|---------|---------|
| 1 | Alexis, Errol | 70 | Clams | 3:30.00 | 3:27.78 |
| | 43.34 54.12 56.68 53.64 | | | | |

Event 15 Women 18-24 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|-----------------|---------|---------|
| 1 | Body, Louise | 23 | Clams | 2:45.00 | 2:48.54 |
| | 38.40 41.73 44.37 44.04 | | | | |
| 2 | Griffiths, Joanne | 22 | Cardiff Masters | 3:05.00 | 3:25.70 |
| | 45.19 51.31 54.02 55.18 | | | | |

Event 15 Women 25-29 200 SC Meter Freestyle

| | | | | | |
|---|-------------------------|----|-----------------|---------|---------|
| 1 | Walker, Anna | 25 | Cardiff Masters | 2:20.00 | 2:21.19 |
| | 31.98 35.21 36.47 37.53 | | | | |

(Event 15 Women 25-29 200 SC Meter Freestyle)

| | | | | | |
|---|-------------------------|----|-----------------|---------|---------|
| 2 | Williams, Kate | 27 | Cardiff Masters | 2:52.00 | 2:46.41 |
| | 37.55 41.72 44.45 42.69 | | | | |

Event 15 Women 30-34 200 SC Meter Freestyle

| | | | | | |
|-----|-------------------------|----|------------------------|---------|---------|
| 1 | Paull, Hannah | 33 | Gloucester Masters | 2:18.00 | 2:17.34 |
| | 31.56 35.35 36.38 34.05 | | | | |
| --- | Hughes, Heidi | 30 | Newcastle Emlyn Flyers | 2:55.00 | DQ |

Welsh Capital Masters - 13/05/2006**Results**

37.29 42.24 44.34 42.88

Event 15 Women 35-39 200 SC Meter Freestyle

| | | | | | | | |
|---|--------------|---------|---------|---------|----------------------|---------|---------|
| 1 | Lister, Sue | | | 35 | Swim Swansea Masters | 2:29.00 | 2:33.57 |
| | | 34.77 | 38.25 | 39.92 | 40.63 | | |
| 2 | Cuer, Denise | | | 38 | Caldicot | 4:28.00 | 4:22.21 |
| | | 1:02.32 | 1:10.77 | 1:08.58 | 1:00.54 | | |

Event 15 Women 40-44 200 SC Meter Freestyle

| | | | | | | | |
|---|---------------|-------|-------|-------|-----------------|---------|---------|
| 1 | Thomas, Ceri | | | 41 | Bridgend County | 2:35.00 | 2:39.59 |
| | | 36.30 | 40.48 | 41.48 | 41.33 | | |
| 2 | Borley, Sarah | | | 44 | Gwent Police | 3:25.00 | 3:18.04 |
| | | 44.61 | 50.34 | 51.50 | 51.59 | | |

Event 15 Women 45-49 200 SC Meter Freestyle

| | | | | | | | |
|-----|------------------|-------|-------|-------|------------------|---------|---------|
| 1 | Lloyd, Christine | | | 48 | Carlisle Masters | 3:25.00 | 3:30.71 |
| | | 48.38 | 51.65 | 55.43 | 55.25 | | |
| 2 | Thomas, Elaine | | | 46 | Bridgend County | 3:50.00 | 3:41.75 |
| | | 50.08 | 55.23 | 57.74 | 58.70 | | |
| --- | Parry, Clare | | | 48 | Cardiff Masters | 2:50.00 | DQ |
| | | 37.52 | 41.65 | 42.58 | 41.47 | | |

Event 15 Women 50-54 200 SC Meter Freestyle

| | | | | | | | |
|-----|-----------------|-------|-------|---------|-----------------|---------|---------|
| 1 | Stewart, Elsa | | | 52 | Cardiff Masters | 3:15.00 | 3:20.93 |
| | | 44.64 | 50.88 | 53.51 | 51.90 | | |
| 2 | Varley, Alison | | | 54 | Monnow | 3:42.92 | 3:39.59 |
| | | 48.50 | 55.07 | 59.44 | 56.58 | | |
| --- | Griffiths, Anne | | | 54 | Clams | 3:45.00 | DQ |
| | | 50.42 | 53.93 | 1:55.41 | | | |

Event 15 Women 60-64 200 SC Meter Freestyle

| | | | | | | | |
|---|-----------------|---------|---------|---------|----------|---------|---------|
| 1 | Weare, Margaret | | | 62 | Caldicot | 4:20.42 | 4:29.52 |
| | | 1:03.50 | 1:07.61 | 1:11.72 | 1:06.69 | | |

Event 16 Men 18-24 100 SC Meter IM

| | | | | | | | |
|---|--------------|-------|-------|----|--------------------|---------|---------|
| 1 | Keen, Chris | | | 19 | Carmarthen Masters | 1:04.63 | 1:07.97 |
| | | 31.74 | 36.23 | | | | |
| 2 | Carr, Daniel | | | 23 | Cardiff Masters | NT | 1:44.07 |
| | | 51.09 | 52.98 | | | | |

Event 16 Men 25-29 100 SC Meter IM

| | | | | | | | |
|---|-----------------|-------|-------|----|-----------------|---------|---------|
| 1 | Lempriere, Phil | | | 29 | Cardiff Masters | 1:11.00 | 1:11.80 |
| | | 35.06 | 36.74 | | | | |

Event 16 Men 35-39 100 SC Meter IM

| | | | | | | | |
|---|-------------------|-------|-------|----|-----------|---------|---------|
| 1 | Monnington, Simon | | | 37 | Pontypool | 1:12.80 | 1:13.25 |
| | | 34.47 | 38.78 | | | | |

Event 16 Men 40-44 100 SC Meter IM

| | | | | | | | |
|---|--------------|-------|-------|----|------------|---------|---------|
| 1 | Waite, Keith | | | 44 | Unattached | 1:55.31 | 1:29.01 |
| | | 39.38 | 49.63 | | | | |

Event 16 Men 45-49 100 SC Meter IM

| | | | | | | | |
|---|-------------|-------|-------|----|-------|---------|---------|
| 1 | Gage, Steve | | | 47 | Clams | 1:23.56 | 1:25.16 |
| | | 38.92 | 46.24 | | | | |

Event 16 Men 55-59 100 SC Meter IM

| | | | | | | | |
|---|-------------|-------|-------|----|---------------------------|---------|---------|
| 1 | Grant, Alan | | | 59 | Miami Masters - Australia | 1:50.00 | 1:38.50 |
| | | 50.28 | 48.22 | | | | |

Welsh Capital Masters - 13/05/2006**Results****Event 16 Men 60-64 100 SC Meter IM**

| | | | | | |
|-----|-------------|----|------------------------|---------|----|
| --- | Jones, Ken | 61 | Newcastle Emlyn Flyers | 2:00.00 | DQ |
| | 56.16 55.11 | | | | |

Event 16 Men 65-69 100 SC Meter IM

| | | | | | |
|---|------------------|----|-----------------|---------|---------|
| 1 | Thomas, Garfield | 66 | Bridgend County | 1:25.00 | 1:29.55 |
| | 41.78 47.77 | | | | |

Event 16 Men 70-74 100 SC Meter IM

| | | | | | |
|---|-------------|----|-------|---------|---------|
| 1 | Stagg, Les | 74 | Clams | 1:44.00 | 1:45.53 |
| | 50.32 55.21 | | | | |

Event 17 Women 25-29 100 SC Meter IM

| | | | | | |
|---|----------------|----|-----------------|---------|---------|
| 1 | Walker, Anna | 25 | Cardiff Masters | 1:13.00 | 1:16.01 |
| | 36.10 39.91 | | | | |
| 2 | Williams, Kate | 27 | Cardiff Masters | 1:26.38 | 1:31.27 |
| | 43.45 47.82 | | | | |
| 3 | James, Ceinwen | 25 | Pontypool | 1:43.00 | 1:40.78 |
| | 49.48 51.30 | | | | |

Event 17 Women 30-34 100 SC Meter IM

| | | | | | |
|---|-----------------|----|------------------------|---------|---------|
| 1 | Scott, Jassa | 30 | Clams | 1:25.00 | 1:25.03 |
| | 39.48 45.55 | | | | |
| 2 | Maguire, Louise | 32 | Newcastle Emlyn Flyers | 1:35.00 | 1:27.13 |
| | 39.09 48.04 | | | | |
| 3 | Fletcher, Jane | 32 | Cardiff Masters | 2:00.00 | 2:04.50 |
| | 1:04.74 59.76 | | | | |

Event 17 Women 40-44 100 SC Meter IM

| | | | | | |
|---|------------------|----|-----------------|---------|---------|
| 1 | Harrison, Elaine | 43 | Cardiff Masters | 1:39.00 | 1:40.38 |
| | 47.29 53.09 | | | | |

Event 17 Women 45-49 100 SC Meter IM

| | | | | | |
|-----|------------------|----|--------------------|---------|---------|
| 1 | Keen, Delia | 45 | Carmarthen Masters | 1:55.93 | 1:59.80 |
| | 1:01.10 58.70 | | | | |
| --- | Lloyd, Christine | 48 | Carlisle Masters | 2:21.00 | DQ |
| | 1:06.80 1:01.37 | | | | |

Event 17 Women 60-64 100 SC Meter IM

| | | | | | |
|---|-----------------|----|----------|---------|---------|
| 1 | Weare, Margaret | 62 | Caldicot | 2:08.29 | 2:12.27 |
| | 1:01.08 1:11.19 | | | | |

Event 18 Men 18-24 50 SC Meter Breaststroke

| | | | | | |
|---|--------------|----|--------------------|-------|-------|
| 1 | Keen, Chris | 19 | Carmarthen Masters | 34.17 | 34.82 |
| 2 | Carr, Daniel | 23 | Cardiff Masters | 48.00 | 48.98 |

Event 18 Men 25-29 50 SC Meter Breaststroke

| | | | | | |
|---|-----------------|----|--------------------|-------|-------|
| 1 | Klempt, Otakar | 28 | Cheltenham Masters | 33.11 | 33.72 |
| 2 | Lempriere, Phil | 29 | Cardiff Masters | 34.36 | 35.76 |

Event 18 Men 30-34 50 SC Meter Breaststroke

| | | | | | |
|---|----------------|----|--------------------|-------|-------|
| 1 | Drury, Alex | 33 | Gloucester Masters | 33.52 | 34.02 |
| 2 | Sweeting, Paul | 33 | Cardiff Masters | 45.00 | 48.54 |

Event 18 Men 35-39 50 SC Meter Breaststroke

| | | | | | |
|---|-----------------|----|--------------|-------|-------|
| 1 | Oakley, Paul | 38 | Gwent Police | 37.30 | 37.21 |
| 2 | Edwards, Duncan | 38 | Caldicot | 46.28 | 44.39 |

Welsh Capital Masters - 13/05/2006**Results****Event 18 Men 40-44 50 SC Meter Breaststroke**

| | | | | | |
|---|-------------------|----|-----------------|-------|-------|
| 1 | Williams, Cristyn | 41 | Cardiff Masters | 55.00 | 48.63 |
|---|-------------------|----|-----------------|-------|-------|

Event 18 Men 45-49 50 SC Meter Breaststroke

| | | | | | |
|---|----------------|----|-----------|-------|-------|
| 1 | Syrett, Walter | 47 | Pontypool | 34.50 | 33.84 |
| 2 | Jones, Paul | 47 | Clams | 50.00 | 46.15 |

Event 18 Men 50-54 50 SC Meter Breaststroke

| | | | | | |
|---|------------------|----|-------|-------|-------|
| 1 | Sveds, Vladimirs | 50 | Clams | 38.80 | 39.88 |
|---|------------------|----|-------|-------|-------|

Event 18 Men 55-59 50 SC Meter Breaststroke

| | | | | | |
|---|-------------|----|------------------------|-------|-------|
| 1 | Grey, David | 55 | Unattached | 42.00 | 41.68 |
| 2 | Davies, Ian | 57 | Newcastle Emlyn Flyers | 55.00 | 46.66 |

Event 18 Men 70-74 50 SC Meter Breaststroke

| | | | | | |
|---|----------------|----|-----------------|-------|-------|
| 1 | Stagg, Les | 74 | Clams | 49.00 | 51.29 |
| 2 | Alexis, Errol | 70 | Clams | 50.50 | 51.78 |
| 3 | Knowles, Colin | 72 | Cardiff Masters | 50.00 | 52.57 |

Event 18 Men 75-79 50 SC Meter Breaststroke

| | | | | | |
|---|---------------|----|---------|-------|-------|
| 1 | Lloyd, Edward | 75 | Wrexham | 45.00 | 47.11 |
|---|---------------|----|---------|-------|-------|

Event 19 Women 18-24 50 SC Meter Breaststroke

| | | | | | |
|---|-------------------|----|-----------------|---------|-------|
| 1 | Taylor, Kathryn | 24 | Wrexham | 43.00 | 41.95 |
| 2 | Griffiths, Joanne | 22 | Cardiff Masters | 1:00.00 | 58.35 |

Event 19 Women 25-29 50 SC Meter Breaststroke

| | | | | | |
|---|----------------|----|-----------------|-------|-------|
| 1 | Walker, Anna | 25 | Cardiff Masters | 38.00 | 37.97 |
| 2 | Bailey, Rachel | 27 | Clams | 38.00 | 38.25 |
| 3 | Stokes, Anna | 25 | Cardiff Masters | 40.34 | 40.49 |
| 4 | Davies, Sally | 29 | Cardiff Masters | 44.00 | 42.93 |
| 5 | James, Ceinwen | 25 | Pontypool | 50.00 | 49.42 |

Event 19 Women 30-34 50 SC Meter Breaststroke

| | | | | | |
|---|----------------|----|-----------------|-------|-------|
| 1 | Fletcher, Jane | 32 | Cardiff Masters | 51.00 | 51.38 |
|---|----------------|----|-----------------|-------|-------|

Event 19 Women 35-39 50 SC Meter Breaststroke

| | | | | | |
|---|--------------|----|----------------------|-------|-------|
| 1 | Lister, Sue | 35 | Swim Swansea Masters | 46.00 | 45.72 |
| 2 | Cuer, Denise | 38 | Caldicot | 54.00 | 52.56 |

Event 19 Women 40-44 50 SC Meter Breaststroke

| | | | | | |
|---|---------------|----|--------------|-------|-------|
| 1 | Borley, Sarah | 44 | Gwent Police | 43.00 | 43.24 |
|---|---------------|----|--------------|-------|-------|

Event 19 Women 45-49 50 SC Meter Breaststroke

| | | | | | |
|---|-----------------|----|------------------------|-------|-------|
| 1 | Trimble, Nicola | 47 | Newcastle Emlyn Flyers | 46.01 | 45.43 |
|---|-----------------|----|------------------------|-------|-------|

Event 19 Women 50-54 50 SC Meter Breaststroke

| | | | | | |
|---|---------------|----|-----------------|-------|-------|
| 1 | Stewart, Elsa | 52 | Cardiff Masters | 55.00 | 50.88 |
|---|---------------|----|-----------------|-------|-------|

Event 19 Women 55-59 50 SC Meter Breaststroke

| | | | | | |
|---|-----------------|----|-------|-------|-------|
| 1 | Crayford, Julie | 58 | Clams | 47.00 | 45.59 |
|---|-----------------|----|-------|-------|-------|

Event 19 Women 60-64 50 SC Meter Breaststroke

| | | | | | |
|---|-----------------|----|----------|-------|-------|
| 1 | Palmer, Valerie | 64 | Caldicot | 59.00 | 59.58 |
|---|-----------------|----|----------|-------|-------|

Event 20 Men 18-24 100 SC Meter Butterfly

| | | | | | |
|---|-------------------|----|-------|-------|---------|
| 1 | Rattenberry, Adam | 22 | Clams | 59.80 | 1:04.35 |
| | 29.84 | | 34.51 | | |

Welsh Capital Masters - 13/05/2006**Results****Event 20 Men 25-29 100 SC Meter Butterfly**

| | | | | | |
|---|------------------|----|-----------------|---------|---------|
| 1 | Maskell, Stephen | 26 | Cardiff Masters | 1:12.00 | 1:10.11 |
| | 31.57 38.54 | | | | |

Event 20 Men 50-54 100 SC Meter Butterfly

| | | | | | |
|---|------------------|----|-------|---------|---------|
| 1 | Sveds, Vladimirs | 50 | Clams | 1:25.00 | 1:25.07 |
| | 38.58 46.49 | | | | |

Event 21 Women 30-34 100 SC Meter Butterfly

| | | | | | |
|---|---------------|----|--------------------|---------|---------|
| 1 | Paull, Hannah | 33 | Gloucester Masters | 1:12.00 | 1:10.60 |
| | 32.65 37.95 | | | | |

Event 21 Women 35-39 100 SC Meter Butterfly

| | | | | | |
|---|-------------------|----|-----------------|---------|---------|
| 1 | Shearn, Catherine | 37 | Hampshire North | 1:28.20 | 1:27.30 |
| | 40.34 46.96 | | | | |

Event 21 Women 40-44 100 SC Meter Butterfly

| | | | | | |
|---|--------------|----|-----------------|---------|---------|
| 1 | Thomas, Ceri | 41 | Bridgend County | 1:12.00 | 1:27.13 |
| | 40.00 47.13 | | | | |

Event 21 Women 55-59 100 SC Meter Butterfly

| | | | | | |
|---|-----------------|----|-------|---------|---------|
| 1 | Crayford, Julie | 58 | Clams | 1:35.00 | 1:34.84 |
| | 44.10 50.74 | | | | |

Event 22 Men 25-29 100 SC Meter Backstroke

| | | | | | |
|---|----------------|----|--------------------|---------|---------|
| 1 | Klempt, Otakar | 28 | Cheltenham Masters | 1:05.73 | 1:06.72 |
| | 32.36 34.36 | | | | |
| 2 | Burggraaf, Ben | 27 | Hpc Heemstede | 1:05.50 | 1:06.88 |
| | 32.53 34.35 | | | | |

Event 22 Men 40-44 100 SC Meter Backstroke

| | | | | | |
|---|--------------|----|------------|---------|---------|
| 1 | Waite, Keith | 44 | Unattached | 1:27.12 | 1:30.75 |
| | 43.24 47.51 | | | | |

Event 22 Men 50-54 100 SC Meter Backstroke

| | | | | | |
|---|----------------|----|--------------|---------|---------|
| 1 | Norman, Philip | 50 | Gwent Police | 1:16.00 | 1:24.56 |
| | 38.14 46.42 | | | | |

Event 22 Men 55-59 100 SC Meter Backstroke

| | | | | | |
|---|---------------|----|------------------------|---------|---------|
| 1 | Hodgson, Eric | 59 | Wrexham | 1:16.50 | 1:15.77 |
| | 36.29 39.48 | | | | |
| 2 | Davies, Ian | 57 | Newcastle Emlyn Flyers | 1:20.00 | 1:53.85 |
| | 53.39 1:00.46 | | | | |

Event 23 Women 18-24 100 SC Meter Backstroke

| | | | | | |
|---|-------------------|----|-----------------|---------|---------|
| 1 | Griffiths, Joanne | 22 | Cardiff Masters | 1:42.00 | 1:55.24 |
| | 56.10 59.14 | | | | |

Event 23 Women 40-44 100 SC Meter Backstroke

| | | | | | |
|---|------------------|----|-----------------|---------|---------|
| 1 | Harrison, Elaine | 43 | Cardiff Masters | 1:43.00 | 1:44.18 |
| | 52.33 51.85 | | | | |

Event 23 Women 45-49 100 SC Meter Backstroke

| | | | | | |
|---|------------------|----|------------------|---------|---------|
| 1 | Parry, Clare | 48 | Cardiff Masters | 1:26.00 | 1:27.75 |
| | 43.20 44.55 | | | | |
| 2 | Lloyd, Christine | 48 | Carlisle Masters | 2:16.00 | 2:17.97 |
| | 1:07.44 1:10.53 | | | | |

Event 23 Women 50-54 100 SC Meter Backstroke

Welsh Capital Masters - 13/05/2006**Results**

| | | | | | |
|---|-------------------|----|------------------------|---------|---------|
| 1 | Griffiths, Anne | 54 | Clams | 1:43.00 | 1:39.13 |
| | 49.73 49.40 | | | | |
| 2 | Varley, Alison | 54 | Monnow | 1:58.97 | 1:57.58 |
| | 56.53 1:01.05 | | | | |
| Event 24 Men 18-24 50 SC Meter Freestyle | | | | | |
| 1 | Rattenberry, Adam | 22 | Clams | 25.20 | 25.62 |
| 2 | Newcombe, Oliver | 24 | Clams | 25.80 | 26.06 |
| 3 | Carr, Daniel | 23 | Cardiff Masters | 37.00 | 38.58 |
| Event 24 Men 25-29 50 SC Meter Freestyle | | | | | |
| 1 | Maskell, Stephen | 26 | Cardiff Masters | 28.00 | 27.85 |
| 2 | Lempriere, Phil | 29 | Cardiff Masters | 27.00 | 28.04 |
| Event 24 Men 30-34 50 SC Meter Freestyle | | | | | |
| 1 | Drury, Alex | 33 | Gloucester Masters | 26.04 | 27.01 |
| 2 | Jenkins, Huw | 30 | Clams | 29.00 | 28.11 |
| 3 | Croall, Steve | 34 | Swim Swansea Masters | 30.00 | 28.18 |
| 4 | Sweeting, Paul | 33 | Cardiff Masters | 33.84 | 35.33 |
| Event 24 Men 35-39 50 SC Meter Freestyle | | | | | |
| 1 | Monnington, Simon | 37 | Pontypool | 28.60 | 28.62 |
| 2 | Oakley, Paul | 38 | Gwent Police | 29.80 | 30.42 |
| Event 24 Men 40-44 50 SC Meter Freestyle | | | | | |
| 1 | Waite, Keith | 44 | Unattached | 32.75 | 33.03 |
| --- | Williams, Cristyn | 41 | Cardiff Masters | 45.00 | DQ |
| Event 24 Men 45-49 50 SC Meter Freestyle | | | | | |
| 1 | Gage, Steve | 47 | Clams | 33.14 | 33.15 |
| 2 | Jones, Paul | 47 | Clams | 40.00 | 42.08 |
| Event 24 Men 50-54 50 SC Meter Freestyle | | | | | |
| 1 | Cooper, David | 51 | Cardiff Masters | 30.00 | 30.80 |
| 2 | Wilson, William | 51 | Cardiff Masters | 31.00 | 31.88 |
| 3 | Lewis, Barry | 52 | Wrexham | 33.00 | 34.12 |
| 4 | Oliver, Keith | 52 | Shetland | 31.09 | 34.63 |
| Event 24 Men 55-59 50 SC Meter Freestyle | | | | | |
| 1 | Hodgson, Eric | 59 | Wrexham | 31.50 | 31.53 |
| 2 | Davies, Ian | 57 | Newcastle Emlyn Flyers | 40.00 | 42.04 |
| Event 24 Men 60-64 50 SC Meter Freestyle | | | | | |
| 1 | McDermott, Terry | 63 | Wrexham | 35.00 | 38.11 |
| --- | Jones, Ken | 61 | Newcastle Emlyn Flyers | 40.00 | DQ |
| Event 24 Men 65-69 50 SC Meter Freestyle | | | | | |
| 1 | Thomas, Garfield | 66 | Bridgend County | 32.00 | 32.18 |
| Event 24 Men 70-74 50 SC Meter Freestyle | | | | | |
| 1 | Alexis, Errol | 70 | Clams | 50.50 | 37.51 |
| 2 | Stagg, Les | 74 | Clams | 39.00 | 40.79 |
| 3 | Knowles, Colin | 72 | Cardiff Masters | 50.00 | 54.23 |
| Event 24 Men 75-79 50 SC Meter Freestyle | | | | | |
| 1 | Lloyd, Edward | 75 | Wrexham | 37.00 | 36.38 |
| Event 25 Women 18-24 50 SC Meter Freestyle | | | | | |

Welsh Capital Masters - 13/05/2006**Results**

| | | | | | |
|--|------------------------|-------|----------------------|---------|---------|
| 1 | Taylor, Kathryn | 24 | Wrexham | 34.20 | 33.89 |
| Event 25 Women 25-29 50 SC Meter Freestyle | | | | | |
| 1 | Williams, Kate | 27 | Cardiff Masters | 34.19 | 34.28 |
| 2 | Davies, Sally | 29 | Cardiff Masters | 34.00 | 34.92 |
| 3 | James, Ceinwen | 25 | Pontypool | 41.00 | 40.16 |
| Event 25 Women 30-34 50 SC Meter Freestyle | | | | | |
| 1 | Paull, Hannah | 33 | Gloucester Masters | 29.50 | 28.92 |
| 2 | Scott, Jassa | 30 | Clams | 33.50 | 33.32 |
| 3 | Fletcher, Jane | 32 | Cardiff Masters | 48.00 | 50.97 |
| Event 25 Women 35-39 50 SC Meter Freestyle | | | | | |
| 1 | Lister, Sue | 35 | Swim Swansea Masters | 32.50 | 33.08 |
| 2 | Harris, Karen | 38 | Cardiff Masters | 40.00 | 34.36 |
| 3 | Cuer, Denise | 38 | Caldicot | 47.00 | 46.71 |
| Event 25 Women 40-44 50 SC Meter Freestyle | | | | | |
| 1 | Borley, Sarah | 44 | Gwent Police | 35.00 | 34.91 |
| Event 25 Women 45-49 50 SC Meter Freestyle | | | | | |
| 1 | Parry, Clare | 48 | Cardiff Masters | 33.00 | 33.76 |
| 2 | Lloyd, Christine | 48 | Carlisle Masters | 45.00 | 42.80 |
| 3 | Keen, Delia | 45 | Carmarthen Masters | 45.17 | 45.99 |
| 4 | Thomas, Elaine | 46 | Bridgend County | 48.00 | 46.59 |
| 5 | Frost, Anne | 48 | Cardiff Masters | 50.00 | 50.16 |
| Event 25 Women 50-54 50 SC Meter Freestyle | | | | | |
| 1 | Stewart, Elsa | 52 | Cardiff Masters | 45.00 | 41.86 |
| Event 25 Women 55-59 50 SC Meter Freestyle | | | | | |
| 1 | Crayford, Julie | 58 | Clams | 36.50 | 36.52 |
| Event 25 Women 60-64 50 SC Meter Freestyle | | | | | |
| 1 | Weare, Margaret | 62 | Caldicot | 51.99 | 54.25 |
| 2 | Palmer, Valerie | 64 | Caldicot | 54.00 | 55.58 |
| Event 26 Mixed 72-99 200 SC Meter Freestyle Relay | | | | | |
| 1 | Clams | A | | 2:10.00 | 1:52.67 |
| | 30.45 | 26.75 | 29.01 | 26.46 | |
| Event 26 Mixed 100-119 200 SC Meter Freestyle Relay | | | | | |
| 1 | Cardiff Masters | A | | 1:55.00 | 2:00.85 |
| | 27.66 | 34.53 | 27.49 | 31.17 | |
| Event 26 Mixed 120-159 200 SC Meter Freestyle Relay | | | | | |
| 1 | Cardiff Masters | C | | 2:05.00 | 2:18.49 |
| | 34.10 | 37.97 | 34.52 | 31.90 | |
| 2 | Newcastle Emlyn Flyers | A | | 2:40.00 | 2:32.56 |
| | 34.96 | 41.27 | 41.74 | 34.59 | |
| --- | Cardiff Masters | D | | 2:10.00 | DQ |
| | 34.93 | 35.82 | 36.51 | 30.81 | |
| Event 26 Mixed 160-199 200 SC Meter Freestyle Relay | | | | | |
| 1 | Cardiff Masters | F | | 2:20.00 | 2:50.41 |
| | 43.55 | 51.33 | 41.16 | 34.37 | |
| Event 26 Mixed 240-279 200 SC Meter Freestyle Relay | | | | | |

Welsh Capital Masters - 13/05/2006**Results**

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|--|------------------------|-------|-------|---------|---|---------|---------|
| 1 | Clams | | | | A | 3:00.00 | 2:37.14 |
| | 43.49 | 37.39 | 39.86 | 36.40 | | | |
| Event 27 Men 100-119 200 SC Meter Freestyle Relay | | | | | | | |
| 1 | Clams | | | | A | NT | 1:51.81 |
| | 27.75 | 28.52 | 26.39 | 29.15 | | | |
| 2 | Cardiff Masters | | | | A | 1:50.00 | 2:08.41 |
| | 28.38 | 37.64 | 33.81 | 28.58 | | | |
| Event 27 Men 160-199 200 SC Meter Freestyle Relay | | | | | | | |
| 1 | Mongrel | | | | A | 2:05.00 | 2:01.38 |
| | 30.66 | 31.62 | 30.39 | 28.71 | | | |
| 2 | Cardiff Masters | | | | B | 1:55.00 | 2:29.25 |
| | 36.05 | 40.43 | 39.60 | 33.17 | | | |
| Event 27 Men 200-239 200 SC Meter Freestyle Relay | | | | | | | |
| 1 | Clams | | | | A | NT | 2:22.17 |
| | 32.58 | 32.15 | 37.00 | 40.44 | | | |
| Event 27 Men 240-279 200 SC Meter Freestyle Relay | | | | | | | |
| 1 | Wrexham | | | | A | 2:15.00 | 2:18.40 |
| | 31.39 | 33.37 | 36.56 | 37.08 | | | |
| Event 28 Women 120-159 200 SC Meter Freestyle Relay | | | | | | | |
| 1 | Cardiff Masters | | | | A | 2:05.00 | 2:12.28 |
| | 33.58 | 35.34 | 33.64 | 29.72 | | | |
| 2 | Newcastle Emlyn Flyers | | | | A | NT | 2:36.86 |
| | 35.39 | 42.49 | 45.74 | 33.24 | | | |
| 3 | Cardiff Masters | | | | C | 2:15.00 | 2:37.62 |
| | 36.02 | 47.02 | 41.60 | 32.98 | | | |
| 4 | Cardiff Masters | | | | B | 2:10.00 | 2:50.95 |
| | 44.36 | 16.45 | 33.36 | 1:16.78 | | | |
| Event 28 Women 160-199 200 SC Meter Freestyle Relay | | | | | | | |
| 1 | Clams | | | | A | 3:00.00 | 2:12.36 |
| | 29.29 | 28.98 | 41.71 | 32.38 | | | |