

Welsh Open

30th April – 2nd May 2005
Swansea – Long Course

Club Performance:

3 swimmers

Sian Jenkins
Ann Wardell
Colin Knowles

10 individual swims

Individual Performance:

Ann Wardell – 5 Gold
Sian Jenkins – 1 Gold
Colin Knowles – 4 Silver

Gala details:

Low turnout from club as most other competitors were in Cork at the Irish Open

Sian Jenkins	50	Fly	00:33.68	1st	
Ann Wardell	100	BR	02:20.59	1st	
Ann Wardell	50	BK	01:00.86	1st	Welsh Record
Ann Wardell	200	BR	05:02.39	1st	Welsh Record
Ann Wardell	50	FR	00:51.57	1st	
Ann Wardell	50	BR	00:58.80	1st	Welsh Record
Colin Knowles	100	BR	02:13.19	2nd	
Colin Knowles	200	BR	05:05.74	2nd	
Colin Knowles	50	FR	00:57.72	2nd	
Colin Knowles	50	BR	00:50.68	2nd	