

Irish Open - Cork

30th April & 1st May 2005

Club Performance:

19 swimmers

Anna Walker, Vicki White, Paul Sweeting, Phil Lempriere, Richard Lawford
Christine Weaver, Jane Fletcher, Geoff Jones, Martin Neal, Heidi Arnot
Neil Millard, Jane Harvey, Kate Williams, Hannah Stallard, Anna Stokes
Anne Frost, Bill Wilson, Tony Roblin, Terry John.

65 individual swims

8 relay teams

9 Gold

13 Silver

12 Bronze

Individual Performance:

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| Anna Walker | 3 Gold (50 Br, 100 Br, 100 Fr) 2 Silver (50 Fr and 100 Im) |
| Vicki White | 3 Gold (50 Fly, 50 Fr, 200 Fr) 1 Silver (100 Fly) |
| Heidi Arnot | 1 Gold (50 Bk – Irish Open Masters All comers record) 1 Silver (100 Bk) 1 Bronze (50 Fr) |
| Richard Lawford | 1 Gold (50 Fly) |
| Phil Lempriere | 3 Silver (50 Fr, 100 Fr, 50 Br) 2 Bronze (100 Br, 100 Im) |
| Christine Weaver | 2 Silver (50 Fr, 50 Bk) |
| Jane Harvey | 1 Silver (50 Br) 3 Bronze (100 Im, 50 Fly, 100 Br) |
| Anna Stokes | 3 Bronze |
| Kate Williams | 1 Bronze |
| Anne Frost | 1 Bronze |
| William Wilson | 1 Bronze (100 Fr) |
| Womens Med(100-119) | 1 Gold (Hannah Stallard, Jane Harvey, Vicki White, Kate Williams) |
| Mens Med(100-119) | 1 Silver |
| Womens Fr(120-159) | 1 Silver |
| Mens Fr(120-159) | 1 Silver |

Gala details:

A fantastic turn out from the club with 19 members swimming in the competition. The results were brilliant with everyone performing exceptionally well.

Amongst many memorable swimming performances, the most gratifying for me was the women's gold medal performance in the medley relay where Kate (following legs from Hannah, Jane Harvey and Vicki) just touched out the local Cork Masters team.

Congratulations must go to the multi gold medal winners Anna Walker and Vicki (Vi to her mates, Cicki to her best mates) White – thanks girls – you did the club proud. I hope you got your prizes home safely.

As the medal tally above shows, we did ourselves proud. Everyone swam extremely well and can be well pleased with their performances – individual results to follow when I get the official results sheet.

The men's 160-199 Fr relay team acted as pace setters to an attempted world record by the German team. They did manage a European record, and we did manage to touch them out – unfortunately we still had 1 man to go.

Travel to and from Cork was nicely hassle free, except for the people who arrived on the Saturday morning. They very nearly got transferred to Shannon – a two and a half hour drive away. Travelling around Cork was no problem as long as you were patient, as it seems that there is only 1 mini bus taxi driver in Cork. He did however look after us quite nicely.

Accommodation was fine (well, my room was nice – what do you expect from a hostel?).

Apparently Phil's B&B was nice as well – see Phil for further details.

The travelling supporter's club of Lisa, Helen and Grainnie spent most of their time shopping, sightseeing and shopping.

The social side involved many pubs (one of which doubled as a barber's shop), restaurants (including a curry house – who didn't bat an eyelid when we asked for a table for 19) and a dinner dance. The dinner dance was an official post gala event and was attended by 21 of us amongst a crowd of about 200. This was an opportunity for people to get their glad rags on (see photo of Bill) and party. Phil, very bravely and without a care for his own safety, volunteered to escort the girls home in the last taxi – how noble of him.

A big thank you to everyone who went. I hope you all enjoyed yourselves.

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| Anna Walker | 50 | BR | 00:36.14 | 1st | |
| Anna Walker | 100 | BR | 01:18.78 | 1st | Irish Masters All Comers Record |
| Anna Walker | 50 | FR | 00:30.01 | 2nd | |
| Anna Walker | 100 | FR | 01:04.29 | 1st | |
| Anna Walker | 100 | IM | 01:11.16 | 2nd | Irish Masters All Comers Record |
| Vicki White | 50 | Fly | 00:31.70 | 1st | |
| Vicki White | 100 | Fly | 01:12.22 | 2nd | Irish Masters All Comers Record |
| Vicki White | 50 | FR | 00:30.12 | 1st | |
| Vicki White | 200 | FR | 02:29.62 | 1st | Irish Masters All Comers Record |
| Vicki White | 100 | IM | 01:19.36 | 4th | |
| Paul Sweeting | 50 | BR | 00:43.57 | 7th | |
| Paul Sweeting | 100 | BR | 01:46.57 | 5th | |
| Paul Sweeting | 50 | FR | 00:33.85 | 14th | |
| Paul Sweeting | 100 | FR | 01:21.44 | 13th | |
| Phil Lempriere | 50 | BR | 00:34.56 | 2nd | |
| Phil Lempriere | 100 | BR | 01:17.59 | 3rd | |
| Phil Lempriere | 50 | FR | 00:27.80 | 2nd | |
| Phil Lempriere | 100 | FR | 01:01.03 | 2nd | |
| Phil Lempriere | 100 | IM | 01:11.22 | 3rd | |
| Richard Lawford | 50 | FR | 00:29.13 | 9th | |
| Richard Lawford | 50 | BR | 00:38.17 | 4th | |
| Richard Lawford | 100 | IM | 01:15.76 | 9th | |
| Richard Lawford | 50 | Fly | 00:31.65 | 1st | |
| Christine Weaver | 50 | BK | 00:38.39 | 2nd | |
| Christine Weaver | 50 | FR | 00:33.47 | 2nd | |
| Jane Fletcher | 50 | BR | 00:53.56 | 5th | |
| Jane Fletcher | 100 | BR | 01:55.83 | 7th | |
| Jane Fletcher | 50 | FR | 00:48.15 | 7th | |
| Jane Fletcher | 100 | FR | 01:48.95 | 7th | |
| Jane Fletcher | 50 | Fly | 00:57.56 | 8th | |
| Geoff Jones | 50 | BR | 00:39.43 | 6th | |
| Geoff Jones | 100 | IM | 01:17.75 | 10th | |
| Geoff Jones | 50 | FR | 00:29.44 | 11th | |
| Geoff Jones | 100 | FR | 01:07.42 | 10th | |
| Geoff Jones | 50 | Fly | 00:35.04 | 7th | |
| Martin Neal | 200 | FR | 03:02.75 | 5th | |
| Martin Neal | 100 | FR | 01:26.20 | 7th | |

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| Martin Neal | 50 | FR | 00:38.00 | 7th | |
| Heidy Arnot | 50 | BK | 00:33.68 | 1st | Irish Masters All Comers Record |
| Heidy Arnot | 100 | BK | 01:16.76 | 2nd | |
| Heidy Arnot | 50 | FR | 00:30.75 | 3rd | |
| Neil Millard | 50 | BR | 00:42.31 | 5th | |
| Neil Millard | 50 | FR | 00:33.16 | 11th | |
| Jane Harvey | 50 | BR | 00:40.00 | 2nd | |
| Jane Harvey | 100 | BR | 01:28.99 | 3rd | |
| Jane Harvey | 50 | Fly | 00:37.01 | 3rd | |
| Jane Harvey | 100 | IM | 01:23.59 | 3rd | |
| Kate Williams | 50 | BR | 00:44.04 | 3rd | |
| Kate Williams | 100 | FR | 01:15.10 | 5th | |
| Kate Williams | 100 | IM | 01:26.00 | 4th | |
| Hannah Stallard | 50 | BK | 00:36.68 | 4th | |
| Hannah Stallard | 100 | BK | 01:24.67 | 4th | |
| Anna Stokes | 50 | BR | 00:40.34 | 3rd | |
| Anna Stokes | 100 | BR | 01:30.15 | 3rd | |
| Anna Stokes | 100 | IM | 01:25.57 | 6th | |
| Anna Stokes | 100 | FR | 01:14.54 | 3rd | |
| Anne Frost | 50 | BK | 00:59.61 | 3rd | |
| Anne Frost | 50 | FR | 00:49.03 | 5th | |
| Bill Wilson | 50 | FR | 00:31.56 | 4th | |
| Bill Wilson | 100 | FR | 01:13.69 | 2nd | |
| Tony Roblin | 50 | FR | 00:37.34 | 17th | |
| Tony Roblin | 100 | BR | 01:42.10 | 7th | |
| Tony Roblin | 100 | FR | 01:23.97 | 11th | |
| Terry John | 50 | FR | 00:34.57 | 13th | |
| Terry John | 50 | Fly | 00:39.65 | 12th | |
| Men's Medley Team | 160-199 | | 02:47.64 | 6th | Tony, Neil, Bill, Paul |
| Men's Medley Team | 100-119 | | 02.24.24 | 2nd | Martin, Phil, Richard, Geoff |
| Women's Medley Team | 120-159 | | 02.33.27 | 4th | Anna W, Christine, Jane F, Heidy |
| Women's Medley Team | 100-119 | | 02.22.62 | 1st | Hannah, Vicki, Anne F, Jane H |
| Men's FR Team | 160-199 | | 02.14.01 | 6th | (Paul 34.52, Neil 32.57, Terry 34.40, Bill 32.52) |
| Men's FR Team | 100-119 | | 02.01.75 | 2nd | (Phil 26.83, Geoff 29.23, Martin 37.51, Rich 28.18) |
| Women's FR Team | 120-159 | | 02.16.85 | 4th | (Anna W 30.50, Anne 46.30, Heidy 30.14, Vicki 29.91) |
| Women's FR Team | 100-119 | | 02.09.83 | 2nd | (Hannah 30.76, Anna S 32.89, Kate 32.97, Chris 33.29) |